

EXSTORE[®] Exam Sheet

UPPER EXTREMITY SCAN

ROM

C-Spine

GH joint

ST joint.....

STABILITY TESTING

Anterior Deltoidok

Middle Deltoidok

Posterior Deltoidok

External Rotator of
GH jointok

Internal Rotator of
GH jointok

Supraspinatusok

Stability of ST joint.....ok

(via serratus anterior)

FUNCTIONAL TESTING

ADL's

Pushup

Wall Test.....

Other

LOWER EXTREMITY SCAN

ROM

L-Spine.....

Hip.....

SLR

STABILITY TESTING

Hip Flexors.....ok

TFL.....ok

Gluteus Mediusok

(Ant.)

Adductorsok

Gluteus Min.ok

Gluteus Max.....ok

Obliquesok

(standing)

FUNCTIONAL TESTING

Squat

Gait

ADL's

Other

